

# Why CRUSH Matters: Building Recovery in Linn County

Recovery doesn't stop when treatment ends.  
For many people, that's when the hardest part begins.

That's why CRUSH Recovery Community Center exists.

CRUSH is a peer-led Recovery Community Center serving Linn County—created to offer connection, support, and hope for people navigating recovery from substance use disorders. We are not a treatment provider. We are not a housing program. We are a community.

## Recovery Grows in Connection

One of the greatest risks in recovery is isolation. When treatment ends, court supervision ends, or crisis passes, many people are left without support or a place where they feel they belong.

CRUSH helps fill that gap by offering:

- peer recovery coaching
- recovery meetings and support groups
- social connection and community activities
- a welcoming, stigma-free space

## Peer-Led Support Makes a Difference

At CRUSH, support is provided by people with lived experience in recovery. That shared experience builds trust, reduces shame, and creates hope in ways traditional systems often cannot.

## More Than One Path to Recovery

There is no single “right way” to recover. CRUSH supports multiple pathways to recovery and meets people where they are.

## Recovery Is About Building a Life

Long-term recovery is about more than not using substances. CRUSH helps people build recovery capital—healthy relationships, purpose, stability, and community connection.

## A Benefit to the Whole Community

When recovery is supported, everyone benefits: fewer crises, stronger families, and healthier communities.

## Here for the Long Haul

CRUSH is not a program people graduate from. It's a place they can return to again and again.

Recovery happens in community.