

Join us for free Health Equity Training on March 18th 2026 @ 2pm
Everyone is Welcome!

April 2026

3177th Ave SE Suite 304
Cedar Rapids, IA 52401
www.erushofiowa.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NA is held Mon-Fri at noon	CRUSH RCC is not affiliated with any 12-step group	1	2	3 All Recoveries 130 pm CMA 430 pm	4
5 	6 Parents in the middle 1 pm 11th Step 230 pm Dharma Recovery 5 pm	7 MAT Mobile 1:30 pm Art Therapy 3:30 pm Operation Brotherhood 5:30 pm	8 Crochet 3 pm Wellbriety 5 pm CRUSH Zoom 6 pm	9 SMART Recovery 5:15 pm	10 All Recoveries 130 pm CMA 430 pm	11
12	13 Parents in the middle 1 pm 11th Step 230 pm Dharma Recovery 5 pm	14 Art Therapy 3:30 pm Operation Brotherhood 5:30 pm	15 Crochet 3 pm Wellbriety 5 pm Health Equity Training 2 pm	16 SMART Recovery 5:15 pm	17 All Recoveries 130 pm CMA 430 pm	18  Together we Heal, Donate Today!
19	20 Parents in the middle 1 pm 11th Step 230 pm Dharma Recovery 5 pm	21 MAT Mobile 1:30pm Art Therapy 3:30 pm Operation Brotherhood 5:30 pm	22 Crochet 3 pm Wellbriety 5 pm CRUSH Zoom 6 pm	23 SMART Recovery 5:15 pm	24 All Recoveries 130 pm CMA 430 pm	25 Self Care Potluck And Recovery Movie 11-2
26  Community Resources United to Spread Hope	27 Parents in the middle 1 pm 11th Step 230 pm Dharma Recovery 5 pm	28 Art Therapy 3:30 pm Operation Brotherhood 5:30 pm	29 Crochet 3 pm Wellbriety 5 pm	30 SMART Recovery 5:15 pm		 venmo