

## What Is a Recovery Community Center?

A Recovery Community Center (RCC) is a welcoming, non-clinical, peer-driven place where people in recovery—and those seeking recovery—can find connection, hope, and support. RCCs are based on a simple belief:

Recovery is possible, recovery is personal, and no one should have to walk the journey alone.

Unlike treatment centers or medical programs, RCCs are built around peer support, community engagement, and lived experience. People come as they are. There is no judgment. No pressure to fit one pathway. Instead, RCCs honor multiple pathways to recovery, whether that includes peer groups, 12-step programs, faith-based recovery, medication-assisted recovery, harm reduction, or other wellness approaches.

Recovery Community Centers provide a safe space to connect, learn, grow, and give back.

### What We Do in a Recovery Community Center

- Peer Recovery Support
- Multiple Pathways Support
- Recovery-Positive Social Connections
- Education & Skill Building
- Family Support & Inclusion
- Navigation & Resource Support
- Community Engagement & Advocacy
- Hope

### What Makes Recovery Community Centers Different

Recovery Community Centers are:

- Peer-led, not clinical
- Free or low-barrier
- Welcoming to anyone in recovery—from any pathway
- Rooted in dignity, compassion, and person-centered care
- Focused on long-term recovery support
- Community-driven rather than program-driven

Most importantly, RCCs treat people as whole human beings—not diagnoses or case files.

### What CRUSH Recovery Community Center Does

CRUSH is a Recovery Community Center with a heart for service, community, and healing. We exist to restore hope, rebuild lives, and strengthen families and communities impacted by substance use and addiction.

At CRUSH, we:

Provide peer-to-peer support

People with lived experience walk alongside others in recovery, offering encouragement, mentorship, and understanding.

Honor multiple pathways

We believe recovery looks different for each person — and each pathway deserves respect.

Create a community where people belong

Isolation fuels addiction. Connection fuels recovery.

CRUSH provides a safe, welcoming place where people can:

- Drop in for conversation
- Attend peer groups and recovery meetings
- Participate in workshops
- Find friendship and social connection
- Volunteer and serve others
- Celebrate milestones
- Rediscover purpose

Support families

We recognize addiction impacts parents, children, partners, and loved ones. Families deserve a place for support and healing, too.

Engage in outreach

CRUSH doesn't wait for people to come to us — we meet people where they are. This includes outreach to:

- Community partners
- Justice-involved individuals
- Hospitals & service organizations
- Recovery housing
- Harm-reduction and resource efforts

Offer education & empowerment

We create opportunities to grow through:

- Recovery education
- Life-skills & employment readiness
- Leadership development
- Wellness activities
- Prevention & stigma-reduction conversations

Serve as a hub for collaboration

CRUSH works alongside local agencies, treatment providers, healthcare systems, courts, schools, faith groups, and community partners. We believe recovery happens best when a community works together.

## Our Guiding Beliefs

- Recovery is real
- People are resilient
- Community connection matters
- Lived experience is powerful
- Every person deserves dignity and respect
- There is no single pathway to recovery
- Hope saves lives

## The Heart of CRUSH

More than a program, CRUSH is a gathering place, a movement, and a family. It is a place where:

- People find hope again
- Families reconnect
- Children see their parents rebuild their lives
- Loved ones feel supported
- The stigma of addiction is replaced with compassion
- Recovery becomes visible in the community

And it is a place where people can say:

"I belong here. I matter. I am not alone."