

April

2024

CRUSH RCC is not affiliated with any 12 step group

317 7th ave SE suite 304 Cedar Rapids, IA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 NA meeting 12pm Letters to the Past 4 pm NA meeting 6pm	2 NA meeting 12pm **FREE NARCAN TRAINING 1:30PM Art 3-5pm	3 NA meeting 12pm SMART Recovery 2:30pm CRUSH family and friends group 6pm	4 NA meeting 12pm All recoveries 2:00pm AA Meeting 5:00pm	5 NA meeting 12pm Dual Diagnosis Anonymous 4:30pm NA meeting 7pm	6 Talking Stick Meeting 10:00am
7 NA meeting 1:30pm -3:00pm *** 12 steps and Yoga 4:00pm-6:00pm	8 NA meeting 12pm Letters to the Past 4 pm NA meeting 6pm	9 NA meeting 12pm Art 3-5pm	10 NA meeting 12pm SMART Recovery 2:30pm Veteran Resources 5pm-6pm	11 NA meeting 12pm All recoveries 2:00pm AA Meeting 5:00pm	12 NA meeting 12pm Dual Diagnosis Anonymous 4:30pm NA meeting 7pm	13 Talking Stick Meeting 10:00am
14 NA meeting 1:30pm -3:00pm	15 NA meeting 12pm Letters to the Past 4 pm NA meeting 6pm	16 NA meeting 12pm Art 3-5pm	17 NA meeting 12pm SMART Recovery 2:30pm CRUSH family and friends group 6pm	18 NA meeting 12pm All recoveries 2:00pm AA Meeting 5:00pm	19 NA meeting 12pm Dual Diagnosis Anonymous 4:30pm NA meeting 7pm	20 Talking Stick Meeting 10:00am
21 NA meeting 1:30pm -3:00pm	22 NA meeting 12pm Letters to the Past 4 pm NA meeting 6pm	23 NA meeting 12pm Art 3-5pm	24 NA meeting 12pm SMART Recovery 2:30pm Veteran Resources 5pm-6pm	25 NA meeting 12pm All recoveries 2:00pm AA Meeting 5:00pm	26 NA meeting 12pm Dual Diagnosis Anonymous 4:30pm NA meeting 7pm	27 Talking Stick Meeting 10:00am
28 NA meeting 1:30pm -3:00pm	29 NA meeting 12pm Letters to the Past 4 pm ***Boundaries Workshop 5pm NA meeting 6pm	30 NA meeting 12pm Art 3-5pm				